

ADDITIONAL STATE-WIDE RESOURCES

NJ 5 A Day

NJ 5 A Day is affiliated with the National Cancer Institute's 5 A Day for Better Health Program, a nationwide nutrition education campaign encouraging Americans to eat five or more servings of fruits and vegetables every day.

To learn more, call 609-292-9560 or visit:

<http://www.state.nj.us/health/fiveaday/welcome.htm#NJ>

The Supplemental Nutrition Program for Women, Infants and Children (WIC)

Pregnant, postpartum and breastfeeding women, infants and children <5 who are at nutritional risk and income is 185% of the U.S. Poverty Income Guidelines are eligible.

To learn more, call 1-800-328-3838 or visit:

<http://www.state.nj.us/health/fhs/suppnutr.htm>

Rutgers Cooperative Extension (RCE)

Focus on issues and needs relating to agriculture and the environment; management of natural resources; food safety, quality, and health; family stability; economic security; and youth development.

County Extension offices can be found at:

<http://www.rce.rutgers.edu/county/default.asp>

or call: 732-932-9306

Office of Cancer Control and Prevention, NJDHSS

The Nutrition and Physical Activity Workgroup of the NJ Comprehensive Cancer Control plan is focusing on nutrition and physical activity related to cancer prevention, research and survivorship.

More information can be found by calling: 609-588-5038 or

<http://www.state.nj.us/health/ccp/index.html>

NJ Dietetic Association

The New Jersey Dietetic Association provides medical nutrition therapy and nutrition education to the citizens of New Jersey and bordering states. More information can be found by calling: 908-359-1184 or

<http://www.eatrightnj.org/>